

The following is based on what I currently know and believe – I call the basics of Spirit and how Spirit relates to you. They are meant to be presented to you for you to consider only. These do not represent all truth but what I currently perceive as truth at this moment in time for me with my own spiritual journey. You may or may be able to relate. If not it's OK. Spirit is aware that everyone sees and feels differently and everyone is at differently levels of spiritual growth and understanding. But based on what I have learned, I would like to share the following as what I perceive as truth that makes sense to my based on my own unique personal history and experiences. Again, the following is only for your consideration so you may explore and understand your own version:

- SPIRIT MESSAGES come from SPIRIT. And Spirit can be looked at as an invisible realm which has both high level and low-level spirits. High level spirit typically come from a place of love and light – where as low-level spirit come from dark and dim places where the light of Spirit is absent yet still within Spirit overall. I encourage to avoid the realms of lower level spirits.
- It is an invisible place that parallels our place in the physical realm. High level spirits are a lot faster than us and are more loving in nature. Lower level spirits is like us but invisible and typically may feel lost or angry or sad, etc.
- The realm of higher level Spirit and everyone in it is a lot more advanced than us in the evolutionary scale and are far more loving and only desire good for us.
- There are also lower levels of Spirit I do not encourage being involved in which I'll cover later but for now.
- Spirit is NOT based on the Laws of Physics.
- The Law of Physics, however, is governed by Spirit. The two are totally unlike yet Spirit influences and impacts the Law of Physicals which governs the Physical Realm.
- And the Physical Realm is infused in and with Spirit, to give it life and energy - for all things originated from and is or can be influenced by Spirit.
- Nevertheless, these spiritual messages are all around us. They are meant for us. They are from loved ones. They are from the Universe. They are from a higher source. They are everywhere. They transcend religious beliefs. They transcend the languages of Man. Spirit is universal.
- These messages include universal messages to Mankind or specific messages to specific individuals or groups of people.
- In order to receive these messages Spirit uses signs and symbols that can be acquired from own memories and experiences so we may be able to relate with these messages and interpret based on those memories and experiences. This approach can be highly beneficial if you happen to be naturally inclined to receive these signs and symbols like in dreams or in visions.
- These signs and symbols can also come from tools of divinations so long as you are familiar with them in terms of being familiar with these divinational tools' signs and symbols and are able to interpret them.
- It's also ok to combine both your own memories and experiences and the sign and symbols from system of divination together in order to receive and understand what Spirit would like for us to know.



## BASIC CHANNELING PROCEDURES USING TAROT CARDS

Pre-requisite – The following procedures is based on the premise that whoever chooses to do the following has some basic knowledge of what Spirit is, know the basics of the Tarot Card divination system – e.g., have some basic knowledge of what each card signify overall.

### 1. CARD 1 – The sex and general personality of the spirit ('queens'


and 'kings' are dead giveaway for the most part but they can also represent the opposite sex based on supporting cards. Also knights and pages can be male or female depending on supporting cards – **these are basic evidential properties for validation purposes.**)

- a. Subsequent cards show more about their life and personality  
“OR” more about if they're actual male or female – it's all about intentions of the cards being cast.
  - i. To determine more on the sex, subsequent cards that appear mixed elements, show that the primary card is the sex of the spirit. If the elements of the subsequent cards show both 'masculine energy' then it's a male spirit. Otherwise it's female – **these are basic evidential properties for validation purposes.**

### 2. CARD 2 – The health or condition of the vessel which

contained the spirit prior to releasing it. (Use the HEALTH symbols on this handout or use your own. Also, PENTACLES pertain to PAIN, WANDS pertain to pressure or blood or blood pressure or bleeding, etc, CUPS pertain to bloating or drowning or congestion, use intuition based on established interpretation system, SWORDS pertain to perseverance with anxiety or mental torture - **these are basic evidential properties for validation purposes.**

- a. Subsequent cards show more details about how they may have died or the condition of the health or additional information of their health.



**3. CARD 3 – shows how you related to this individual.**

- a. Subsequent cards show more details about how you related with one another (you can use a relationship analysis spread if you want more details - – these are basic evidential properties for validation purposes.).

**4. SUBSEQUENT CARD PERTAIN TO OVERALL**

**MESSAGE:**

- a. **Upright Major Arcana's** are mainly 'thank you's' and 'acknowledgements' of what you've done for the spirit. **Reversed Major Arcanas** pertain to letting go what that spirit feels you're hanging on to in terms of something negative that's associated with their departure.
- b. **Upright Court Cards** pertain to addressing or acknowledging the people in your life. Acquire additional cards for more clarity regarding the individual being referred to. **Reversed Court Cards** are requests for you to reach out to those individuals for whatever reason – use additional cards for clarification.
- c. **Upright Numbered Cards** (or PIP cards) pertain to acknowledging what you may be going through, acquiring additional cards for clarification. **Reversed Numbered Cards** pertain to what the spirit may have failed to do or references to what they could have done better. Again, Acquire additional cards for more clarity.

: Fool, The Magician, Ace of Cups, Two of Cups

a. The Fool (numerical value: ZERO)– PAST, PRESENT, FUTURE

i. PLANET/SIGNS: Uranus - Aquarius

ii. TIMING: (Use Additional card(s))

iii. YES/NO/MAYBE:

1. Upright – YES

2. Reversed – NO, but it can also be a “Maybe If”

b. The Magician (numerical value: 1) – PAST, PRESENT, FUTURE

i. PLANET/SIGNS: Mercury – Gemini & Virgo

ii. TIMING: (Use Additional card(s))

iii. YES/NO/MAYBE

1. Upright – YES

2. Reversed – NO, but it can also be a “Maybe If”

c. Ace of Cups (numerical value: 1) - PAST, PRESENT, FUTURE

i. PLANET/SIGNS: Cancer/Pisces/Scorpio

1. Cancer – Moon, Pisces – Neptune, Scorpio – Pluto & Mars

ii. TIMING: (Use Additional card(s))

iii. YES/NO/MAYBE

1. Upright – YES

2. Reversed – NO, but it can also be a “Maybe If”

d. Two of Cups (numerical value: 2) - PAST, PRESENT, FUTURE

i. PLANET/SIGNS: CANCER – Moon

ii. TIMING: June 21 to July 1

iii. YES/NO/MAYBE

1. Upright – YES
2. Reversed – NO, but it can also be a “Maybe If”

Signs and Planets:

**Aries – Mars**  
**Taurus – Venus**  
**Gemini – Mercury**  
**Cancer – Moon**  
**Leo – Sun**  
**Virgo – Mercury**  
**Libra – Venus**  
**Scorpio – Pluto (Mars)**  
**Sagittarius – Jupiter**  
**Capricorn – Saturn**  
**Aquarius – Uranus (Saturn)**  
**Pisces – Neptune (Jupiter)**

**GENERAL TIMING: Swords – Days, Wands – Weeks, Cups – Months, Pentacles – Months**

**CUPS & PENTACLES – FEMININE SIGNS**

**\*\* Cancer, Scorpio, Pisces, Capricorn, Taurus, Virgo**

**WANDS & SWORDS – MASCULINE SIGNS**

**\*\* Gemini, Aquarius, Libra, Aries, Sagittarius, Leo**

## HEALTH

**3 of Swords – Heart or Cardiovascular Problems / Severe Clinical Depression**

**4 of Swords – Recuperation / Hospitalization / Time out**

**5 of Pentacles (or Swords or Cups) – Fatigue, Depression/Anxiety**

**5 of Swords (or Pentacles or Cups) – Depression/Anxiety**

**5 of Cups (or Swords or Pentacles) – Depression/Anxiety**



**6 of Pentacles** – Need to take medication on time or as prescribed

**6 of Pentacles** – Need refills or to just take your medication

**7 of Swords** – self-deception about self-damaging habits

**7 of Cups** – confusion

**9 of Swords** - Anxiety and depression that is spurred on by very negative self-talk. It can also point to insomnia because of stress and anxiety and the constant 'mind chatter' about everything that is going wrong.

**8 of Cups** – break some habits to improve health

**9 of Wands (R)** - Paranoia and feeling as if the world is against you. If accompanied by the Nine of Swords, your client might be hearing voices that contribute to the paranoia.

**10 of Wands/10 of Swords** – Back Pain/Arthritis

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**Ace of Swords (R)** – Migraines/Some form of Abuse

**Ace of Pentacles** – Possibility of conception / Careful about contraception or lack of  
**Chariot** – Stomach

**Chariot (R) / Tower (R)** – Body Aches & Pain/Migraine / Skin Rashes / Skin Allergies  
Ulcers or Stomach issues

**Death/World** – Intestines/Bowels

**Devil/Empress** – Genital/Reproductive Organ System/Indulgences - Addiction and unhealthy attachment. The addiction may be to an actual 'thing', such as drugs, alcohol or sex, or to certain situations such as abusive relationships or material wealth.

**Devil (R)** – Painful Arthritis/Genital Disease

**Empress** – Weight gain/Pregnant/Conceived

**Empress/Devil** - Genital System/Skin Disorder

**Empress (R)** – Sore Throat

**Emperor** - Head and Face/Eye Sight

**Emperor (R)** - Migraines

**Fool** - Respiratory Organs

**Hanged Man** – Foot Problems or Organs of Nutrition (can't keep food inside)/Indigestion

**Hermit** - The Back

**Hermit (R)** – Intestinal problems

**Hierophant** - Shoulders and Arms

**High Priestess** - Lymphatic System

**Judgment** - Organs of Circulation

**Justice** – Liver

**Justice (R)** – Kidney infection/Kidney stones

**Knight of Pentacles** - Stiffness/difficulty moving

**Lovers** – Lungs

**Magician** - Cerebral and Nervous Systems

**Moon** - Legs and Feet / Psychological issues

**Moon (R)** – Menstrual issues/Female issues - General mental health issues, including fear, anxiety and depression, that haven't yet been explored or resolved. Recommend that your client works with a trained professional (possibly a hypnotherapist) to uncover some of these deep, subconscious concerns.

**Moon (R) / Page of Cups (R)** – Foot problems

**Page of Cups (if female)** – a pregnancy or birth / 75% girl – 25% boy

**Page of Cups (R) / Moon (R)** – Foot problems

**Page of Swords** – Vision issues/Learning issues

**Star** - Kidneys, Bladder, etc.

**Star (R)** – Depression - A lack of faith and a general feeling of hopelessness that may lend itself to depression, deep sadness and anxiety.

**Strength/SUN** – Heart/Circulatory System

**Strength (R) / SUN (R)** – Heart/Cardiovascular issues

**Sun/Strength** - Circulatory System/Heart

**Sun** – Skin cancers, overheating, dehydration, heat exhaustion,

**Sun (R)** – Poor eye sight or Heart problems

**Temperance** - Hips and Thighs

**Tower** – Skeletal/Muscular System/headache / mental breakdown

**Tower (R) / Chariot (R)** – Body Aches & Pain/Migraine

**Wheel of Fortune** - Digestive System

**World/Death** – Intestines/Bowels

**World (R) / Devil (R)** – Arthritis/Joint Pain/Pure Pain